



Name of the Department: National Cadet Corps

- A. Title of the Workshop/Activity:** International Yoga Day
- B. Background:** The cadets of SIES NCC Unit participated International Yoga Day 2021 at morning 7.30 am to 9.30 am. It helps the students understand how to maintain harmony between body and mind. Like every year, to promote and spread awareness about Yoga and its benefits the NCC cadets performed Yoga at their homes. They shared the benefits of yoga, and some yoga protocols that can be followed for a healthy life.
- C. Aims/Objectives:** Yoga Day is celebrated among the children and youth to make them understand the importance of Yoga in their life.
- D. Location:** Students residential places and home.
- E. Target audience/participants with expected number:** Students, all family members and neighbors etc.
- F. Date of the activity:** 21/06/2021
- G. Name of Resource Persons:** Individual Cadets
- H. Outcome/Feedback:** Yoga helps us build a strong physical, mental and spiritual health system. Yoga supports stress management, mental health, mindfulness, healthy eating, weight loss and quality sleep.
- I. Funding if any:** SIES College Sion (W)
- J. Annexures:**
 - i. List of Participants**

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	AKSHAY PATIL	17	JANHAVI PRABEER DASS
2	SACHIN PATIL	18	JYOSTNA YEWALE
3	BHANUPRATAP SISODIA	19	NIKITA MANSING JADHAV
4	ROSHAN MUSALE	20	SAKSHI ANIL MISHRA
5	ALOK GUNJAWALE	21	YAZISHNI GANDHI
6	MAYUR JAMBVKAR	22	YOGITA CHAVAN
7	GORAKSHANATH SHAMA	23	ARTI SHIRTAVALE
8	ANAND SALUNKE	24	DIVYA THEVAR
9	ARJUN BOMIDI	25	NEHA MANSING JADHAV


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10	VENKATRAMAN KRISHNAMURTHY	26	NISHTHA PANCHAMDAS GUPTA
11	UDAYRAJ SHINDE	27	DHANASHREE CHAVAN
12	ROHIT SHINDE	28	KRISHNA SINGADIYA
13	NEETESH PRAJAPATI	29	MAYURI VILAS KERKAR
14	MIHIR GOLE	30	PRAJAKTA RAJU KAMBLE
15	DAYANAND KADAM	31	PRITI BABAN KAMBLE
16	ONKAR BHALERAO	32	PRIYA DEEPAK TAMBE


ii. Photographs



International Yoga Day


Principal,
SIES College of Arts, Science & Commerce,
Sion (West), Mumbai - 400 022.
Principal




Lt. D. K. PAWAR
Coy Commander
1 Mah Bn NCC
SIES College, Sion (W)
NCC ANO



Name of the Department: National Cadet Corps

A. Title of the Workshop/Activity: Tree Plantation

B. Background: The SIES NCC cadets performed Tree Plantation (Van Mahotsav) at their residential places. Trees represent life, growth, peace and nature. Keeping this in mind Tree Plantation was organized under the awareness program “Van Mahotsav” The Van Mahotsav means “Tree Festival”. This tree planting festival is observed annually, over a period of week Cadets planted 21 plants in their premises in lockdown.

C. Aims/Objectives: Plantation of trees and plants aids in making the environment better. It purifies the air, conserves water, helps in climate control, preserves soil and benefits the overall environment in several other ways.

D. Location: Students residential places during lockdown.

E. Target audience/participants with expected number: Students and cadets of units.

F. Date of the activity: 08/07/2021

G. Name of Resource Persons: Individual Cadets

H. Outcome/Feedback: Cadets planted 21 plants in their premises in lockdown. They planted desi trees like Neem, Peepal, Tulsi, Tamarindus Indica, etc. Plantation done near cadet’s premises.

I. Funding if any: SIES College Sion (W)

J. Annexures:

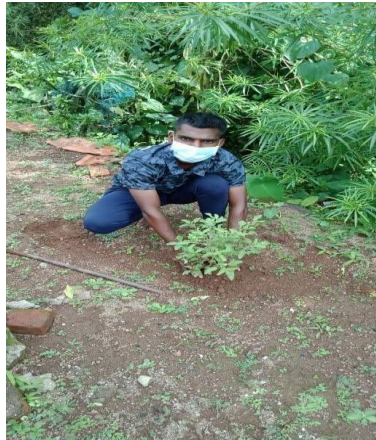
i. List of Participants

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	PRITAM PREMA DEBNATH	12	PALLAVI PAVITHRAN
2	PRATIK CHIKNE	13	PRIYA KORI
3	ROHIT KAMBLE	14	PRIYANKA MISHRA
4	KAILAS KALE	15	SHRAVNI PARAB
5	HRISHIKESH JADHAV	16	VAIBHAVI BORHADE
6	MOHAMMAD FAIZAN	17	NEHA JAISWAR
7	AKSHAY JADHAV	18	AARTI SHIRTAVALE
8	GAURAV SHINDE	19	DIVYA THEVER

NCC 2021 - 2022

9	ABHAY VIJAY DUBEY	20	YAZISHANI GANDHI
10	GAURAV BHOIR	21	JANHAVI DASS
11	SUJIT PADWAL		


ii. Photographs



Tree Plantation (Van Mahotsav)


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Principal




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NCC ANO



Name of the Department: National Cadet Corps

- A. Title of the Workshop/Activity:** Covid -19 Vaccination Drive
- B. Background:** The SIES NCC cadets conducted Covid – 19 Vaccination Drive with the collaboration of Municipal Corporation of Greater Mumbai F/N Ward on dated 30 October 2021 and 29 November 2021 at college campus during lockdown. College NSS also participated in this program.
- C. Aims/Objectives:** Vaccinating the entire eligible population at the earliest in Sion and Dharavi area.
- D. Location:** SIES College Sion West.
- E. Target audience/participants with expected number:** Students and eligible population in Sion and Dharavi area.
- F. Date of the activity:** 30 October 2021 and 29 November 2021.
- G. Name of Resource Persons:** Municipal Corporation of Greater Mumbai F/N Ward.
- H. Outcome/Feedback:** The NCC cadets assisted to Municipal Corporation of Greater Mumbai F/N Ward to perform Covid -19 Vaccination Drive with proper hygiene. More than 200 persons are vaccinated successfully.
- I. Funding if any:** SIES College Sion West and Municipal Corporation of Greater Mumbai
- J. Annexures:**

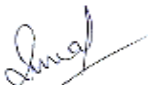
i. List of Participants

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	PRITAM PREMA DEBNATH	8	PALLAVI PAVITHRAN
2	PRATIK CHIKNE	9	PRIYA KORI
3	ROHIT KAMBLE	10	PRIYANKA MISHRA
4	KAILAS KALE	11	GAURAV SHINDE
5	HRISHIKESH JADHAV	12	ABHAY VIJAY DUBEY
6	MOHAMMAD FAIZAN	13	GAURAV BHOIR
7	AKSHAY JADHAV	14	SUJIT PADWAL


ii. Photographs



NCC Cadets participated in Covid -19 Vaccination Drive at college campus


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Principal




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SIES College, Sion (W)
NCC ANO



Name of the Department: National Cadet Corps

- A. Title of the Workshop/Activity:** Republic Day
- B. Background:** Like every year, SIES NCC Unit celebrated the Republic Day by hoisting the Indian Flag and giving the Guard of Honour. The principal gave an inspiring speech and appreciated the efforts made by SIES NCC Unit and encouraged the youth to join the defense forces.
- C. Aims/Objectives:** This important day marks the transition of India. The Republic Day of India is celebrated as National Festival throughout India. Everyone remembers how India transitioned from a British colony to a republic. This day signifies unity and national pride.
- D. Location:** SIES College, SION (W)
- A. Target audience/participants with expected number:** NCC cadets, NSS Students, College Students, teaching staff and other college members.
- E. Date of the activity:** 26/01/2022
- F. Name of Resource Persons:** Principal, ANO Lt. D.K. Pawar and ANO Lt. Yogita Bhadrike.
- G. Outcome/Feedback:** Republic Day is a Significant Moment in India's History. 26th January is celebrated as Republic Day in our country. On this day in 1950, the constitution of our country was formally adopted, and India became a fully sovereign state.
- H. Funding if any:** SIES College, Sion (w)
- I. Annexures:**
 - a. List of Participants:**

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	AKSHAY PATIL	36	ARTI SHIRTAVLE
2	ALOK GUNJAWALE	37	DIVYA THEVAR
3	ARJUN BOMIDI	38	JANHAVI DASS
4	SACHIN PATIL	39	JYOTSNA YEWALE
5	NEETESH PRAJAPATI	40	NEHA JADHAV
6	VEKATARAMAN	41	NIKITA JADHAV
7	MIHIR GOLE	42	NISHTHA GUPTA
8	ANAND SALUNKE	43	SAKSHI MISHRA

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9	BHANUPRATAP SISODIA	44	SIDDHI GOLE
10	ROSHAN MUSALE	45	YAZISHNI GANDHI
11	UDAYARAJ SHINDE	46	YOGITA CHAVAN
12	ANIKET BHILARE	47	ARTI SHIRTAVLE
13	ROSHAN SONAVANE	48	DHANASHREE CHAVAN
14	ROHIT SHINDE	49	KRISHNA SINDHADIYA
15	AKSHAY PATIL	50	MAYURI KERKAR
16	ALOK GUNJAWALE	51	PRAJAKTA KAMBLE
17	ARJUN BOMIDI	52	PRITI KAMBLE
18	SACHIN PATIL	53	REETU YADAV
19	NEETESH PRAJAPATI	54	SAMIKSHA NAIKADE
20	VEKATARAMAN	55	SHREYA GAIKWAD
21	MIHIR GOLE	56	SHRUTI SHIRKE
22	ANAND SALUNKE	57	SIMRAN FULWARIYA
23	BHANUPRATAP SISODIA	58	VAISHNAVI DHANAWADE
24	JAI SINGH	59	YUKTA PAL
25	VISHWAJEET PARDESHI	60	ADITI MISHRA
26	MAYUR SAWANT	61	DIKSHITA KADAM
27	SANKET DIGHE	62	DIPALI KORI
28	SUBHAM PRADHAN	63	GAURI KOSURKAR
29	ARYAN JAISWAR	64	GIRIJA TALEKAR
30	RUSHIKESH BAGAL	65	ISHA NAVALE
31	RAHUL VERMA	66	JACQUELINE RODRIGUES
32	PRASHANTH KUMAR	67	KALYANI RAJPUT
33	DHIARYA RANA	68	KHUSHI UPADHYAY
34	VINIT NAIR	69	LENNA MORE
35	DALVI PRATHAMESH	70	NURENISHA MULLA


b. Photographs



Republic Day


Principal,
SIES College of Arts, Science & Commerce,
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Principal




Lt. D. K. PAWAR
Coy Commander
1 Mah Bn NCC
SIES College, Sion (W)
NCC ANO



Name of the Department: National Cadet Corps

- A. Title of the Workshop/Activity:** Black Day
- B. Background:** To pay tribute to the 40 CRPF soldiers who were martyred on 14th Feb 2019 in Pulwama attack, SIES NCC Unit arranged an event. The Guard of Honor were arranged and gave them a salute and kept silence for some time to pay homage to our warrior soldiers
- C. Aims/Objectives:** To give tribute to the martyrs of Pulwama attack and
- D. Location:** SIES College, Sion (W)
- E. Target audience/participants with expected number:** General public
- F. Date of the activity:** 14/02/2022
- G. Name of Resource Persons:** Principal, ANO Lt. D.K. Pawar and ANO Lt. Yogita Bhadrike
- H. Outcome/Feedback:** Humble tributes to the Bravehearts who sacrificed their lives in the 2019 Pulwama terror attack.
- I. Funding if any:** SIES College, Sion (w)
- J. Annexures:**

a. List of Participants:

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	AKSHAY PATIL	16	ARTI SHIRTAVLE
2	ALOK GUNJAWALE	17	DIVYA THEVAR
3	ARJUN BOMIDI	18	JANHAVI DASS
4	SACHIN PATIL	19	JYOTSNA YEWALE
5	NEETESH PRAJAPATI	20	NEHA JADHAV
6	VEKATARAMAN	21	NIKITA JADHAV
7	MIHIR GOLE	22	NISHTHA GUPTA
8	ANAND SALUNKE	23	SAKSHI MISHRA
9	BHANUPRATAP SISODIA	24	SIDDHI GOLE
10	ROSHAN MUSALE	25	YAZISHNI GANDHI
11	SHETTIGAR HARSHAD	26	YOGITA CHAVAN
12	THAKUR ASHUTOSH	27	DHANASHREE CHAVAN

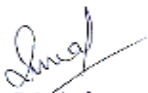
NCC 2021 - 2022

13	MISHRA SATYAM	28	KRISHNA SINDHADIYA
14	SHETTY AMRUT	29	MAYURI KERKAR
15	BANARJI BANE	30	PRAJAKTA KAMBLE

b. Photographs




Tribute to CRPF soldiers in Pulwama Attack


Principal,
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Principal




Lt. D. K. PAWAR
Coy Commander
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SIES College, Sion (W)
NCC ANO



Name of the Department: National Cadet Corps

- A. Title of the Activity:** SSB Capsule Training Program
- B. Background:** SIES NCC UNIT organized SSB Capsule Training Program (Online) from 18 Feb 2022 to 20 Feb 2022. Program organized for the NCC cadets who are really interested in the Armed Forces with the collaboration of GN Khalasa and Rizvi College.
- C. Aims/Objectives:** To inspire and motivate NCC cadets to take up career in Armed Forces. To SSB selection, preparations for mock tests and interviews modeled on the actual tests and interviews that aspirants will face, will boost the aspirants' confidence by familiarizing them with a real time situation.
- D. Location:** SIES College MS-TEAM platform (online)
- E. Target audience/participants with expected number:** NCC cadets, college students and students preparing for Armed Forces.
- F. Date of the activity:** 18 Feb 2022 to 20 Feb 2022.
- G. Name of Resource Persons:** Col. Kulwant Kataria (Sena Medal)
- H. Outcome/Feedback:** The NCC cadets from three colleges participated in this online SSB Capsule. Important topics such as selection process, OLQ, setting of goals, clear myths about SSB and questions and answers are covered in the program. Students got the outline of SSB to prepare systematically.
- I. Funding:** SIES College, G N Khalasa and Rizvi College
- J. Annexures:**
 - i. List of Participants:**

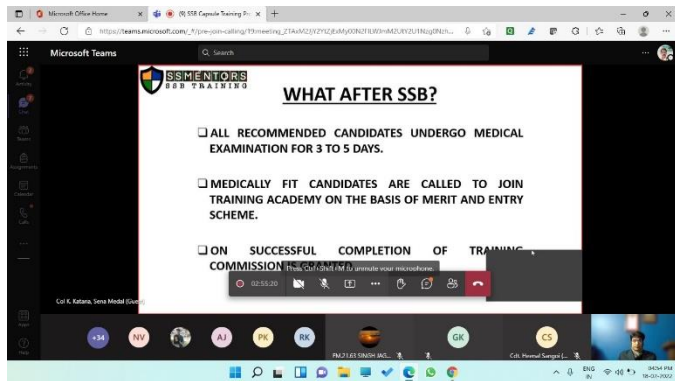
SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	PARAG KADAM	29	KADAM DIKSHITA TANAJI RUPALI
2	CDT YASH DONGARE	30	KOMAL KASHYAP (GUEST)
3	AJAY JAISWAL	31	LCPL RANI DHANAWADE
4	AKSHAY TANAJI PATIL	32	MARIYAM SHAIKH (GUEST)
5	AMBRE ADITYA (GUEST)	33	NAIR VINIT VIJAYKUMAR
6	AMRUT SHETTY (GUEST)	34	NANDINI YADAY
7	ANKIT KUMAR (GUEST)	35	NILESH PAL (GUEST)

NCC 2021 - 2022

8	CDT SANJANA SAWANT (GUEST)	36	PARAG KADAM (GUEST)
9	CDT YASH DONGARE	37	PARAG KADAM (GUEST)
10	CDT ZAINAB SK (GUEST)	38	PARDESHI VISHWAJEET
11	CDT. ARUNKUMAR YADAV (GUEST)	39	PRATYUSH MOHANTY
12	CDT. GAYATRI KHEMNAR. (GUEST)	40	PRAVEEN PANDEY
13	CHAITANYA KAPASE (GUEST)	41	RAJPUT KALYANI
14	VIJAYA SINGH (GUEST)	42	ROSHAN KHOBRADE (GUEST)
15	CPL SAIF PATHAN (GUEST)	43	RUSHIKESH BAGAL
16	DATTARAM MORE (GUEST)	44	SANKET DIGHE
17	YASH PATEL (GUEST)	45	SATYENDRAKUMAR
18	DHAIRYA RANA	46	SAVIO PEREIRA (GUEST)
19	DHIRAJ YADAV (GUEST)	47	SHUBHAM JADHAV
20	PINTU JHA (GUEST)	48	SHUBHAM PANDEY (GUEST)
21	DWIVEDI SHIVAM SI	49	SINGH AYUSH RANJEET
22	GAIKWAD ADITYA ANIL SHAILA	50	SINGH JAI RAJESH
23	GANESH MAYEKAR (GUEST)	51	SUBHAM PRADHAN
24	GAWAND VYAS NARENDRA	52	CDT. HEENAL SANGOI (GUEST)
25	GOLDE GUPTA (GUEST)	53	SURAJ DHOKALE (GUEST)
26	HARSHAD SUDHAKAR SHETTIGAR		COL K. KATARIA, SENA MEDAL (RESOURCE PERSONS)
27	HARSHAL SURVE		
28	HRITHIK KHANDE (GUEST)		DATTARAYA PAWAR (ANO)

ii. Photographs





LEADERSHIP IN ARMED FORCES

- INTELLECTUAL ABILITIES
- SOCIAL INTELLIGENCE
- EMOTIONAL INTELLIGENCE
- LEADERSHIP ATTRIBUTES
- MENTAL AND PHYSICAL STAMINA

OFFICER LIKE QUALITIES (OLQs)

FACTOR - I : PLANNING & ORGANISING (APPLYING BASIC INTELLIGENCE INTO PRACTICAL FIELD FOR SOLVING VARIOUS COMPLEX SITUATIONS)

- EFFECTIVE INTELLIGENCE
- REASONING ABILITY
- ORGANIZING ABILITY
- POWER OF EXPRESSION


FACTOR-II : SOCIAL ADJUSTMENT (KIND OF ADJUSTMENT & INTER-PERSONAL BEHAVIOUR THE CANDIDATE REFLECTS)

- SOCIAL ADAPTABILITY
- CO-OPERATION
- SENSE OF RESPONSIBILITY

SSB Capsule Training Program


Principal,
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Principal




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NCC ANO



Name of the Department: National Cadet Corps

- A. Title of the Workshop/Activity:** Maharashtra Day
- B. Background:** On 1st May SIES NCC Unit celebrated Maharashtra by doing many activities such as solo dance, group dance and one of our SW cadets even demonstrated an act showing her martial arts skill like breaking tiles with fists, attacking with swords etc.
- C. Aims/Objectives:** To create awareness about the culture and heritage of Maharashtra.
- D. Location:** SIES College, Sion (W)
- E. Target audience/participants with expected number:** Teaching staff, non-teaching staff and students
- F. Date of the activity:** 01/05/2022
- K. Name of Resource Persons:** Principal, ANO Lt. D.K. Pawar and ANO Lt. Yogita Bhadrake
- G. Outcome/Feedback:** To understand the importance of sacrifice and culture of Maharashtra.
- H. Funding if any:** SIES College, Sion (w)
- I. Annexures:**
- a. List of Participants:**

SR. NO	NAME OF THE STUDENTS	SR. NO	NAME OF THE STUDENTS
1	AKSHAY PATIL	21	ARTI SHIRTAVLE
2	ALOK GUNJAWALE	22	DIVYA THEVAR
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4	SACHIN PATIL	24	JYOTSNA YEWALE
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8	ANAND SALUNKE	28	SAKSHI MISHRA
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10	ROSHAN MUSALE	30	YAZISHNI GANDHI
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NCC 2021 - 2022

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13	MISHRA SATYAM	33	KRISHNA SINDHADIYA
14	SHETTY AMRUT	34	MAYURI KERKAR
15	BANARJI BANE	35	PRAJAKTA KAMBLE
16	JAI SINGH	36	PRITI KAMBLE
17	VISHWAJEET PARDESHI	37	REETU YADAV
18	MAYUR SAWANT	38	SAMIKSHA NAIKADE
19	SANKET DIGHE	39	SHREYA GAIKWAD
20	SUBHAM PRADHAN	40	SHRUTI SHIRKE


b. Photographs



Maharashtra Day Celebration


Principal,
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Principal




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